

507

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ON

COURSE OUTLINE

COURSE TITLE: PERSONAL GROWTH & DEVELOPMENT

CODE NO.: HDG 112

SEMESTER: ONE

PROGRAM: AVIATION TECHNOLOGY (FLIGHT)

AUTHOR: JOE THOMPSON

DATE: MARCH, 1995

PREVIOUS OUTLINE DATED

APPROVED: _____
DEAN *Aj°\$L#.<tfLI*
A

?/~-03-Z^
DATE

PERSONAL GROWTH & DEVELOPMENT
COURSE NAME

HDG 112-3
CODE NO.

TOTAL CREDITS: 3

PREREQUISITE(S): _____

I. PHILOSOPHY/GOALS:

This course is designed to allow the student to grow academically, and personally; to adapt to College Aviation life, to instill or reinforce study skills, personal survival skills and leadership skills which the student will find beneficial both as a pilot in command as well as a self sufficient member of the human community.

II. STUDENT PERFORMANCE OBJECTIVES (OUTCOMES):

Upon successful completion of this course the student will:

- 1) Understand and be responsible for the personal conduct and expectations of an aviation student in the college system.
- 2) Be aware of and utilize study skills that will enhance and ensure the student's success strategy, including time management.
- 3) Be able to examine their present position, personality, and ethics to appreciate the views and ideas of others.
- 4) Be exposed to the examples of good and bad leadership traits in order to learn from the experiences of others.
- 5) Examine how failure can be utilized to gain learning experiences for paths to success.
- 6) Exposure to the psychology of wilderness survival and understand many facets of survival experience.
- 7 > Be able to work with a group atmosphere to solve problems and develop success outcomes.
- 8) Be aware of Student Rights and Responsibilities, conduct and interaction between students, instructors and staff.

III. TOPICS TO BE COVERED;

**Approximate Time
Frames (Optional)**

- Aviation - The industry - pilots -
expectations - becoming an Aviation Professional
- 2 Description of Pilot skills and personality
- 3 Aviation course philosophy - goals - marking - grading
- 4 Health concerns
- 5 Qualities of successful students
- 6 College services - peer tutoring, library, counselling, LAC
- 7 Memory techniques - study skills
- 8 Time management
- 9 Computer based personality evaluation
- 10 Handling exams, tests, practical flight tests, progress checks
- 11 Dealing with anxiety, feelings
- 12 Learning skills, focussing attention
- 13 Speed Reading
- 14 Dealing with failure/creating success strategies
- 15 Life-styles - adaptation - change
- 16 Logic
- 17 Decision making
- 18 Leadership skills

AFTER MID TERM

- 19) Survival psychology - 7 enemies of survival
- 20) Personality requirements
- 21) Factors in successful group survival, group behaviour
- 22) Synergistic decision making (group)
- 23) Hypothermia, frost bite, burns, cuts, first aid
- 24) Survival in the bush
- 25) Shelters, sanitation, clothing
- 26) Food, water
- 27) Signals, elt, rescue
- 28) Finding direction - travelling in the bush
- 29) Survival tools and their use - survival kit items
- 30) Fish, animals, the environment - seasons
- 31) Personal growth - economics, investments, insurance, debt load
- 32) Future predictions - life-style management - exercise

V. EVALUATION METHODS: (INCLUDES ASSIGNMENTS,
ATTENDANCE REQUIREMENTS, ETC.)

A+ = 90 - 100%
A = 80 - 89%
B = 70 - 79%
C = 60 - 69%
R = less than 60

VI. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the instructor. Credit for prior learning will be given upon successful completion of the following:

VII. REQUIRED STUDENT RESOURCES

- 1) Becoming a Master Student (7th ed. - Ellis 1994)
- 2) Psychology of Wilderness Survival (Ferri, 1992, 3rd ed.)

VIII. ADDITIONAL RESOURCE MATERIALS AVAILABLE IN THE COLLEGE LIBRARY:

Book Section (TITLE, PUBLISHER, EDITION, DATE, LIBRARY CALL NUMBER IF APPLICABLE - SEE ATTACHED EXAMPLE)

Periodical Section (MAGAZINES, ARTICLES)

Audiovisual Section (FILMS, FILMSTRIPS, TRANSPARENCIES)

IX. SPECIAL NOTES

Students with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.

X. COURSE ANALYSIS SHEET (see attached)

IV. LEARNING ACTIVITIES/REQUIRED RESOURCES

Topic/Unit - _____

Learning Activities:

Resources:

Topic/Unit -

Learning Activities:

Resources: